



Our program serves a variety of special needs, including ...

ADD or other Hyperactivity Disorder

Developmental Delay

Learning Disability

Cancer

Down Syndrome

Emotional, Behavioral Challenges

MS Stroke/CVA

Muscular Dystrophy

Autism

Cerebral Palsy

Spina Bifida

Visual Impairment

and many more than can possibly be listed here

Who benefits.....

Whether it's a five-year-old with Down Syndrome, or a senior citizen recovering from a stroke, research shows that individuals of all ages who participate in EAAT can experience physical and emotional rewards. For individuals with emotional challenges, the unique relationship formed with the horse can lead to increased confidence, patience and self-esteem.

Partnering with equines also provides recreational opportunities to individuals to enjoy the outdoors as well as take pleasure in the interaction with animals.

We here at *Horses For Healing* take pride and pleasure to be able to provide this service to our community.

Horses For Healing, Inc.

Therapeutic Riding Center



Your loved one may greatly benefit from equine assisted activities and therapies

Mailing Address:

PO Box 1136

Meadow Vista, CA 95722

(530) 887-9573

Riding Center:

13355 Bell Brook Drive

Auburn, CA 95602

(530) 887-9573

info@horsesforhealing.org

www.horsesforhealing.org

What are equine assisted activities and therapies?



Throughout the world, hundreds of thousands of individuals with and without special needs experience the rewarding benefits of equine assisted activities and therapies (EAAT). Physical, cognitive or emotional special needs do not limit a person from interacting with horses. In fact, such interactions can prove highly rewarding. For instance, experiencing the rhythmic motion of a horse can be very beneficial. Riding a horse moves the rider's body in a manner similar to a human gait, so riders with physical needs often show improvement in flexibility, balance and muscle strength.

(530) 887-9573

Horses For Healing (HFH) has been serving the Auburn area since 1997.



Our staff and volunteers work closely with participants to ensure safe

sessions. Our riders ride either independently or assisted by a leader and side-walker(s). We provide a covered mounting ramp to assist riders with limited mobility or those who require additional assistance with mounting.

Participants and their families are confident that HFH delivers safe, effective equine-assisted activities and therapies (EAAT) to a diverse clientele.

info@horsesforhealing.org



Sessions are supervised by Certified riding instructors who have undergone a stringent certification process and possess a strong equine background as well as an understanding of various disabilities through continuing education based on the annually updated PATH Int'l. Standards and Accreditation Manual.



www.horsesforhealing.org